

Hello!

Just a few little stories to inform you about us!

The yearly monsoon has started...this is a 3 month period in which we have lots and lots of rainfall. The days can be cloudy and rainy on an end. It is not the most joyful time of year....Everything gets damp and because of this children get sick easier and are suffering more often from sores etc.

Sunday morning.....

Our Sunday mornings are always very calm and peaceful. We do not have any classes and we begin the day with a special breakfast: roti (round flat baked bread) with some warm vegetables and a cup of warm milk for everyone.....That is a real treat here!!

Then everyone is busy with all kinds of odd jobs or just playing. The kids are taking a hot bath (this only happens once a week!) and clothes are being washed.

Recently one of the volunteers brought some face paint and the faces of the youngest kids turned into beautiful lions, jokers, butterflies etc. That was of course most exciting!!



Yogita

The schoolyear had already started for some months when we got a visit from a desperate mother with a young child. She was recently left by her husband and as a result could not look after her children anymore. In these cases it happens that the mother has to return to her parents' home but it is not necessarily so that she is very warmly welcomed.....

If we could take her 5-year old daughter into our hostel. And fortunately this was possible!

The first couple of days Yogita was very quite and withdrawn ...She just stood there...observing everything with her big brown eyes. Very slowly did she come out of her shell and began to play and talk more and more with the other children. And now in the meantime she has adjusted very nicely and seems very happy!



### Songs and dances

Once again did we have a performance with all kinds of traditional songs and dances. Mieke, one of the trustees of our Dutch trust was here for some weeks and then it is always nice to organize a joyful cultural program.

These programs are getting more and more 'professional' and we always invite the local parents as well to come and watch. The children had been practicing their Nepali and Tibetan songs and dances for weeks already. It was such a wonderful happening for both eye and ear!



### A visit to the monastery.

Besides our daily routine of classes and after school activities we visit the local monastery every now and then. Sometimes there is a puja (special celebration) going on and sometimes we do our own prayers and light some butterlamps. It is always a very nice and meaningful thing to do and the children enjoy it!



This is it for now....short and sweet, ha, ha!

Love and all the best from us all!

Hedwig